

Bear One Another's Burdens

Life to Life – Part 4
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Galatians 6:2 (ESV)

“Bear one another’s burdens, and so fulfill the law of Christ.”

Why Do We Bear One Another's Burdens?

- 1. It reflects God's character.** (Matthew 11:28-30; Matthew 23:4)
- 2. “Fulfills the Law of Christ.”** (John 13:34-35; Philippians 2:3-8)
- 3. It unites the church as the body of Christ.**
 - The person carrying the burden is strengthened.
 - The person helping is changed.
 - The entire church becomes stronger.

The Opposite

- 1. The Myth of Self-Sufficiency.**
- 2. Grumbling.** (Philippians 2:14)

How To Bear One Another's Burdens

- 1. Sometimes we help lift the pack.**
- 2. Sometimes we help strengthen the person carrying it.**

My Next Step Today Is To...

- Do a self-assessment with your own backpack – am I...
 - Giving into the Myth of Self-Sufficiency?
 - Grumbling and complaining?
 - Being open and honest with God and Others?
- Pray for opportunities to bear one another's burdens this week, either practically or with encouragement.
- Continue in the One Another Challenge.